

## **Introduction to the Suggested Reading List**

Adequate preparation for the European Postgraduate Assessment in Occupational Medicine does not require the study of specific textbooks or reference works. In principle, candidates who have completed appropriate training and possess a solid knowledge base from the primary educational materials used in their respective countries should be well-prepared for the examination.

However, as the examination is conducted in English, candidates may find it beneficial to consult and deepen their preparation using English-language reference materials.

For this reason, the European Board of Occupational Medicine has compiled the following list of recent textbooks and reference materials as useful resources for candidates. This list is intended as a suggestion only and should not be regarded as exhaustive or mandatory.

### **Recommended readings:**

Guidotti, Tee L.

The Handbook of Occupational and Environmental Medicine: Principles, Practice, and Problem-Solving (Second Edition):  
Praeger-ABC-CLIO, LLC, 2020.”

Baxter P, Aw TC, Cockcroft A, Durrington P, Harrington JM eds  
Hunter's Diseases of Occupations (10th Edition)  
CRC Press, 2010

LaDou J, Harrison RJ. eds.

CURRENT Diagnosis & Treatment: Occupational & Environmental Medicine, 6e. McGraw Hill; 2021.

Rom WN, Markowitz SB

Environmental and Occupational Medicine  
Wolters Kluwer/Lippincott Williams & Wilkins, 2007

Palmer KT, Brown I. and Hobson J (eds.)

Fitness for work: The medical aspects (5th edition) ,  
Oxford University Press; 2013

World Health Organization.

Regional Office for Europe. (2002). Good practice in occupational health services : a contribution to workplace health.

Copenhagen : WHO Regional Office for Europe.

<https://iris.who.int/handle/10665/107448>

### Ethics:

ICOH

International Code of Ethics for Occupational Health Professionals

International Commission on Occupational Health, 2014

[https://www.icohweb.org/site/multimedia/code\\_of\\_ethics/code-of-ethics-en.pdf](https://www.icohweb.org/site/multimedia/code_of_ethics/code-of-ethics-en.pdf)

Occupational Diseases:

List:

ILO List of Occupational Diseases (revised 2010)

International Labour Organization, 2010

[https://www.ilo.org/sites/default/files/wcmsp5/groups/public/%40ed\\_protect/%40protrav/%40safework/documents/publication/wcms\\_125137.pdf](https://www.ilo.org/sites/default/files/wcmsp5/groups/public/%40ed_protect/%40protrav/%40safework/documents/publication/wcms_125137.pdf)

(also available in French and Spanish)

Diagnostic criteria:

European Commission

Information notices on occupational diseases: a guide to diagnosis

European Commission. Directorate-General for Employment, Social Affairs and Equal Opportunities, Luxembourg, 2009

<https://op.europa.eu/en/publication-detail/-/publication/5d549879-7f75-4e89-b737-e19f530d1236/language-en>

ILO

Diagnostic and exposure criteria for Occupational Diseases

International Labour Organization 2022

[https://www.ilo.org/sites/default/files/2024-07/wcms\\_836362.pdf](https://www.ilo.org/sites/default/files/2024-07/wcms_836362.pdf)

European Legislation:

Directive 89/391/EEC - OSH "Framework Directive"

<https://osha.europa.eu/en/legislation/directives/the-osh-framework-directive/1>